

Drug Abuse Screening Test 10 (DAST-10)

Please tick (✓) one box for each question

Q1	Have you used drugs other than those required for medical reasons?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q2	Do you use more than one drug at a time?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q3	Are you always able to stop using drugs when you want to?	Yes <input type="checkbox"/>	0	No <input type="checkbox"/>	1
Q4	Have you had "blackouts" or "flashbacks" as a result of drug use?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q5	Do you ever feel bad or guilty about your drug use?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q6	Does your spouse (or parents) ever complain about your involvement with drugs?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q7	Have you neglected your family because of your use of drugs?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q8	Have you engaged in illegal activities in order to obtain drugs?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q9	Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Q10	Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc.)?	Yes <input type="checkbox"/>	1	No <input type="checkbox"/>	0
Total Score					

Scoring and interpretation: The DAST-10 comprises ten questions. All ten questions are each scored 'yes' or 'no'. Score 1 point for each question answered "Yes," except for question 3 for which a "No" receives 1 point. A total score is calculated by summing the points obtained for each DAST-10 question. The minimum total score possible is 0, and the maximum total score possible is 10 (i.e. total score range: 0-10).

DAST-10 score interpretation

Score	Interpretation
0	No problems
1-2	Low level of problems
3-5	Likely to meet DSM criteria
6-8	'Substantial' dependence
9-10	'Severe' dependence

Tool citation: Skinner, H.A. The Drug Abuse Screening Test. *Addictive Behaviors*, 1982. **7**(4): 363-371.

Further information: Fischer, J.A., Roche, A.M., and Duraisingam, V. *Drug Abuse Screening Test 10 (DAST-10): description, strengths and knowledge gaps*. 2021, National Centre for Education and Training on Addiction (NCETA), Flinders University: Adelaide, South Australia.