

Cut down, Annoyed, Guilty and Eye-opener (CAGE)

Please tick (✓) one box for each question

Q1. Have you ever felt you ought to C ut down on your drinking?	Yes <input type="checkbox"/> 1	No <input type="checkbox"/> 0
Q2. Have people A nnoyed you by criticising your drinking?	Yes <input type="checkbox"/> 1	No <input type="checkbox"/> 0
Q3. Have you ever felt bad or G uilty about your drinking?	Yes <input type="checkbox"/> 1	No <input type="checkbox"/> 0
Q4. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (E ye-opener)?	Yes <input type="checkbox"/> 1	No <input type="checkbox"/> 0
Total Score:		

Scoring and interpretation: The CAGE comprises four questions. Score 1 point for each question answered "yes". A total score is calculated by summing the points obtained for each CAGE question. The minimum total score possible is 0, and the maximum possible total score possible is 4 (i.e. total score range: 0-4). Obtaining a total score of two or more, indicates alcohol dependence.

Scoring and interpretation: Ewing, J.A. Detecting alcoholism: the CAGE questionnaire. *JAMA*, 1984. **252**(14): 1905-1907.

Further information: Fischer, J.A., Roche, A.M., and Duraisingam, V. *Cut down, Annoyed, Guilty and Eye-opener (CAGE): description, strengths and knowledge gaps*. 2021, National Centre for Education and Training on Addiction (NCETA), Flinders University: Adelaide, South Australia.