

Alcohol Use Disorders Identification Test – Consumption (AUDIT-C)

Please tick (✓) one box for each question

Q1. How often do you have a drink containing alcohol?				
Never	Monthly or less often	2-4 times a month	2-3 times a week	4 times or more a week
<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Q2. How many units of alcohol do you drink on a typical day when you are drinking?				
1 or 2	3 or 4	5 or 6	7 to 9	10 or more
<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/>
Q3. How often have you had six or more units (if female) or eight or more (if male) on a single occasion in the last year?				
Never	Less than monthly	Monthly	Weekly	Daily or almost daily
<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Total Score:				

Scoring and interpretation: The AUDIT-C comprises three questions. Each question is scored on a five-point scale (i.e., 0,1,2,3, or 4). A total score is calculated by summing the responses to all the three questions. The total minimum possible score is 0, and the maximum possible score is 12 (i.e. range: 0-12).

AUDIT-C score interpretation

Sex	Score	Interpretation
Females	3 or more	Likely to indicate hazardous drinking, and potentially alcohol dependence
Males	4 or more	likely to indicate hazardous drinking, and potentially alcohol dependence

Tool citation: Bush, K., Kivlahan, D.R., McDonell, M.B. et al. The AUDIT alcohol consumption questions (AUDIT-C): an effective brief screening test for problem drinking. *Archives of Internal Medicine*, 1998. **158**(16): 1789-1795.

Further information: Fischer, J.A., Roche, A.M., and Duraisingam, V. *Alcohol Use Disorders Identification Test - Consumption (AUDIT-C): description, strengths and knowledge gaps*. 2021, National Centre for Education and Training on Addiction (NCETA), Flinders University: Adelaide, South Australia.