# **Drug Abuse Screening Test 10 (DAST-10)**

Please tick (a) one box for each question

|  |  |  |  |
| --- | --- | --- | --- |
| Q1 | Have you used drugs other than those required for medical reasons?  | Yes c 1 | No c 0 |
| Q2 | Do you use more than one drug at a time?  | Yes c 1 | No c 0 |
| Q3 | Are you always able to stop using drugs when you want to?  | Yes c 0 | No c 1 |
| Q4 | Have you had "blackouts" or "flashbacks" as a result of drug use?  | Yes c 1 | No c 0 |
| Q5 | Do you ever feel bad or guilty about your drug use? | Yes c 1 | No c 0 |
| Q6 | Does your spouse (or parents) ever complain about your involvement with drugs? | Yes c 1 | No c 0 |
| Q7 | Have you neglected your family because of your use of drugs?  | Yes c 1 | No c 0 |
| Q8 | Have you engaged in illegal activities in order to obtain drugs?  | Yes c 1 | No c 0 |
| Q9 | Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs? | Yes c 1 | No c 0 |
| Q10 | Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc.)? | Yes c 1 | No c 0 |
| **Total Score** |  |

**Scoring and interpretation:** The DAST-10 comprises ten questions. All ten questions are each scored ‘yes’ or ‘no’. Score 1 point for each question answered “Yes,” except for question 3 for which a “No” receives 1 point. A total score is calculated by summing the points obtained for each DAST-10 question. The minimum total score possible is 0, and the maximum total score possible is 10 (i.e. total score range: 0-10).

**DAST-10 score interpretation**

|  |  |
| --- | --- |
| **Score** | **Interpretation** |
| 0 | No problems |
| 1-2 | Low level of problems |
| 3-5 | Likely to meet DSM criteria |
| 6-8 | ‘Substantial’ dependence |
| 9-10 | ‘Severe’ dependence |

**Tool citation:** Skinner, H.A. The Drug Abuse Screening Test*.* *Addictive Behaviors*, 1982. **7**(4): 363-371.

**Further information**: Fischer, J.A., Roche, A.M., and Duraisingam, V. *Drug Abuse Screening Test 10 (DAST-10): description, strengths and knowledge gaps*. 2021, National Centre for Education and Training on Addiction (NCETA), Flinders University: Adelaide, South Australia.