**Alcohol Use Disorders Identification Test – Consumption (AUDIT-C)**

Please tick (✔) one box for each question

|  |
| --- |
| **Q1. How often do you have a drink containing alcohol?** |
|  | Never | Monthly or less often | 2-4 times a month | 2-3 times a week | 4 times or more a week |
|  | ⬜ 0 | ⬜ 1 | ⬜ 2 | ⬜ 3 | ⬜ 4 |
| **Q2. How many units of alcohol do you drink on a typical day when you are drinking?** |
|  | 1 or 2 | 3 or 4 | 5 or 6 | 7 to 9 | 10 or more |
|  | ⬜ 0 | ⬜ 1 | ⬜ 2 | ⬜ 3 | ⬜ |
| **Q3. How often have you had six or more units (if female) or eight or more (if male) on a single occasion in the last year?** |
|  | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
|  | ⬜ 0 | ⬜ 1 | ⬜ 2 | ⬜ 3 | ⬜ 4 |
| ***Total Score:*** |  |

**Scoring and interpretation:** The AUDIT-C comprises three questions. Each question is scored on a five-point scale (i.e., 0,1,2,3, or 4). A total score is calculated by summing the responses to all the three questions. The total minimum possible score is 0, and the maximum possible score is 12 (i.e. range: 0-12).

**AUDIT-C score interpretation**

|  |  |  |
| --- | --- | --- |
| **Sex** | **Score** | **Interpretation** |
| Females | 3 or more | Likely to indicate hazardous drinking, and potentially alcohol dependence |
| Males | 4 or more | likely to indicate hazardous drinking, and potentially alcohol dependence |

**Tool citation:** Bush, K., Kivlahan, D.R., McDonell, M.B. et al. The AUDIT alcohol consumption questions (AUDIT-C): an effective brief screening test for problem drinking*.* *Archives of Internal Medicine*, 1998. **158**(16): 1789-1795.

**Further information**: Fischer, J.A., Roche, A.M., and Duraisingam, V. *Alcohol Use Disorders Identification Test - Consumption (AUDIT-C): description, strengths and knowledge gaps*. 2021, National Centre for Education and Training on Addiction (NCETA), Flinders University: Adelaide, South Australia.